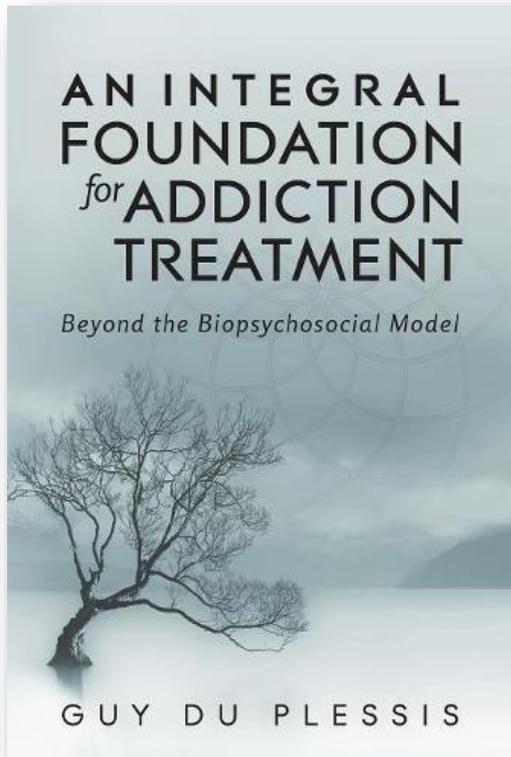




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**PRESS RELEASE**

**An Integral Foundation for Addiction Treatment  
Beyond the Biopsychosocial Model**



**Author:** Guy du Plessis

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*It is rare to find a thoughtful and scholarly blend of theoretical astuteness and clinical wisdom in a single book about addiction... An Integral Foundation for Addiction Treatment belongs on the shelf of every psychotherapist who treats addiction or is interested in the topic. — Philip J. Flores, Ph.D., ABPP, author of Group Psychotherapy with Addicted Populations (3rd ed.) and Addiction as an Attachment Disorder.*

There is a cornucopia of conflicting theories in the field of addiction studies. It has become exceedingly difficult for treatment providers, therapists, and policymakers to integrate the vast field of knowledge into effective treatment. In the last 20 years an integrative and compound model has emerged known as the biopsychosocial model, but without a solid and comprehensive meta-framework, confusion can result when therapists pick and choose techniques without direction or an overall rationale. To address this problem, Guy du Plessis applies integral theory as a conceptual framework for understanding addiction, as well as a meta-therapeutic framework for therapists.

The integral foundation of addiction outlined in this book provides researchers, academics, treatment providers, policy makers, and therapists with a conceptual architectonic of addiction and its treatment that is integrative, inclusive, and practical.



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## WORDS OF PRAISE

*An Integral Foundation for Addiction Treatment* is a brilliant overview of a truly integral or comprehensive approach to what has now become a crisis level epidemic in America (and indeed, much of the world)...Highly recommended! —**Ken Wilber**, author of *Integral Psychology* and *A Brief History of Everything*.

For anyone seeking a sound intellectual basis for navigating the real-life challenges at hand in addiction and recovery, there simply is no better place to begin than with Du Plessis' latest stroke of compassionate genius. —**Robert Weathers**, Ph.D., California Southern University

## About the Author



Guy du Plessis, has a Master's degree in Psychology, and is a registered counsellor at the Health Professions Council of South Africa. He has worked in the addiction treatment milieu for over 17 years as an addictions counsellor, head of treatment, program & clinical director, trainer, and researcher. Guy is the author of *An Integral Guide to Recovery: Twelve Steps and Beyond*, and co-author of *Mind-Body Workbook for Addiction: Effective Tools for Relapse Prevention and Recovery*. Guy has also published academic articles in the fields of addiction treatment and studies, theoretical psychology, and philosophy. He provides online therapy, training and consulting.

For a review copy of the book contact publicist Janine Daniel.

